Please write your NAME and your MEG grade below.

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| --- | --- | --- | --- | --- | --- | --- |
| **Name :** | | | | | **MEG :** | |
| **Total** | **/ 30** | **%** |  | **Grade** | |  |
| **Staff Comments :**  **+**  **-** | | | | | | |
| **Student Comments :** | | | | | | |

**Please make sure that you :**

* Read the question repeatedly & INTERPRET IT correctly (verb (s) to tell you HOW to write; general topic are, the specific things within that area to be included); how many parts of the question are there; how many marks are available.
* Write clearly so work can be read! Write within the boxes (the summer papers are marked online and content outside boxes cannot be read!).
* IF you have time to, read through your work to check for content and quality.
* For 10 markers : plan the content, so you write with quality and the process is logical for the marker.

1. **Explain how the body controls the increased distribution of blood to the working muscles during exercise (6 marks)**
2. **Using a serve in tennis, explain Newton's three laws of motion. (3 marks)**
3. **Using the Inverted U theory and a practical example, explain how levels of arousal can affect the performance of movement skills (6 marks)**
4. **Transfer of learning can occur in a number of different ways in practical performance. Explain proactive, retroactive, positive and bi-lateral transfer and give a practical example of each. (4 marks)**
5. **The game of American football is extremely popular in the USA. Give reasons for the violence and commercialism associated with American Football. (5 marks)**
6. **Describe current measures to increase sporting excellence in the UK by relevant bodies or organisations. [4 marks]**
7. **What does the organisation UK Sport do to increase sporting excellence? [2 marks]**