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| --- | --- | --- | --- |
| Learning outcome | I understand this | I can recall this | I need to revisit this |
| I know the four theories of aggression. I can apply practical examples to the theories. |  |  |  |
| I know the pathway of blood through the heart |  |  |  |
| I know the conduction system and how it impacts on the heart. |  |  |  |
| I know the values of SV HR and Q. I know how exercise can impact on each of them. |  |  |  |
| I know how changes during exercise are detected, messages are sent and changes take place. |  |  |  |
| I know what Starling’s law is. I know what the factors affecting venous return are. I know how changes to body position will impact on venous return. |  |  |  |
| I know how venous return will impact on Q and SV. I can explain this using technical vocabulary. |  |  |  |
| I know what vascular shunt is. |  |  |  |
| I know the technical vocabulary of the vascular shunt mechanism. |  |  |  |
| I know how the pathway of the message is sent, linked to the vascular shunt mechanism. |  |  |  |
| I know how distribution of blood will impact on performance. |  |  |  |
| I know how C02 and 02 are transported. (not diffusion) |  |  |  |
| I know the partial pressure changes at the alveoli and the working muscles. |  |  |  |
| I know how the changes to diffusion occur, and how they are linked to the chart (borh shift). |  |  |  |

**CV Task sheet (revision Easter)**

1. Complete the mock paper 1 **Monday of return**
2. Complete notes of screencast on aggression. **Monday of return**
3. Complete the mock paper 2 for **Monday of return.**
4. **If you failed the mock test you must complete mock paper 3 for the Monday of return**
5. Complete three Kahoot. One on vascular shunt one on diffusion and one on aggression
6. Revise by making sections move from Red to amber to green ☺

**What I have given you is the start, not the end to the revision. Please work on your weak areas**