**Screencast notes on Cardiac Output**





What is cardiac output?

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What is stroke volume?

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What is the average cardiac output of a person which is also known as Q

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How does the blood move from the working muscle through the heart?

What is passive filling and where does this take place.

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What is atrial systole and ventricular systole?

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What is your EDV?

Can you give an explanation of this using the correct terminology?

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What is the ESV?

Can you give an explanation of this using the correct terminology?

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Why do we need to know what our EDV or ESV are?

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Can you explain why your stroke volume may decrease when exercising?

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