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| Learning outcome | I understand this | I can recall this | I need to revisit this |
| I know how target setting can be used for different learners at different stages. |  |  |  |
| I know the anatomy of the heart including the valves. I know the pathway of blood through the heart. |  |  |  |
| I have revised for the test on Monday. |  |  |  |
| I know what diastole and systole are, I know how they affect the passage of blood through the heart. |  |  |  |
| I know how the conduction system interacts with the movement of blood through the heart. |  |  |  |
| I know what HR, SV Q (Cardiac output) are. |  |  |  |
| I know the impact of exercise on HR SV and Q (cardiac output) |  |  |  |

**Key words:** SV Cardiac output, Vascular shunt, bicuspid, tricuspid valve.

1. Complete the question on targets and stages of learning. Mon
2. Complete notes on the anatomy of the heart pages 27-19 Mon
3. Complete the podcast and use the podcast question sheet to answer the questions. Mon (ASHPE under CV system) Mon
4. OR Complete the screencast on cardiac cycle and answer Q (ASHPE under CV system) Mon
5. Create a flow diagram that links the conduction system and the Cardiac cycle. Tue/Wed
6. Create notes on the impact of exercise on HR/SV/Q Thur/Fr